



## WOMEN VETERANS RESOURCE SHEET

Veterans Crisis Line  
1-800-273-8255 PRESS #1  
[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

National Suicide Prevention Hotline  
1-800-273-8255

VA Center for Women Veterans (CWV)  
[www.va.gov/womenvet](http://www.va.gov/womenvet)  
1-855-VA-WOMEN or 1-855-829-6636

Women's Referral Central Hotline  
1-800-322-8092

Women Veterans Support Group  
[www.vfrhealthcare.com](http://www.vfrhealthcare.com)  
1-888-635-1806

Need Help?  
Community Resource Guide NJ 2-1-1 Partnership  
Dial 2-1-1

E-Benefits  
[www.ebenefits.va.gov](http://www.ebenefits.va.gov)

Civilian Health & Medical Program (CHAMPVA)  
[www.va.gov/communitycare/program](http://www.va.gov/communitycare/program)  
1-800-733-8387

Garden State Equality  
1-973-509-5428  
[www.gardenstateequality.org](http://www.gardenstateequality.org)

HeroCare Connect  
<https://herocareconnect.org/>  
10866-9-HERO-CARE (1-866-943-7622)

NJ Coalition against Sexual Assault (NJCASA)  
1-800-601-7200

NJ Domestic Violence Hotline  
1-800-572-SAFE (7233)

**NJ Department of Military & Veterans Affairs**  
**1-888-8NJ-VETS (8387)**  
**[www.nj.gov/military/veterans](http://www.nj.gov/military/veterans)**

NJ Department of Military & Veterans Affairs  
State Service Officers  
1-609-530-6830/7050/6863

NJ Vet to Vet Helpline  
<http://ubhc.rutgers.edu/vet2vet/>  
1-866-838-7654

NJ Veteran Diversion Program  
[www.nj.gov/military/veteran/diversion-program](http://www.nj.gov/military/veteran/diversion-program)  
1-609-530-6857

U.S. Department of Veterans Affairs  
[www.va.gov](http://www.va.gov)  
1-800-827-1000

VA Caregiver Support Line  
1-855-260-3274

VA Forms & Records Request  
[www.va.gov/vaforms/](http://www.va.gov/vaforms/)

VA Health Care Benefits  
[www.va.gov/healthcare](http://www.va.gov/healthcare)  
1-877-222-8387

National Archives & Records Administration  
[www.archives.gov](http://www.archives.gov)  
1-866-272-6272

National Call Center for Homeless Veterans  
[www.va.gov/homeless](http://www.va.gov/homeless)  
1-877-424-3838

### DID YOU KNOW?

As of September 30, 2018 there are 340,561 Veterans in New Jersey, of which 25, 678 are women. Data provided by U.S. Department of Veterans Affairs.

U.S. Congresswoman Mikie Sherrill representing the 11<sup>th</sup> Congressional District graduated from the Naval Academy and was a Navy helicopter pilot.

NJ Senator Nilsa Cruz Perez of the 5<sup>th</sup> Legislative District served in the U.S. Army from 1981-1987.

Lisa J. Hou, a physician and a NJ Army National Guard veteran of Iraq and Afghanistan, was the first female appointed as the NJ Deputy Commissioner of Veteran Affairs.

*To learn more about NJ women veterans throughout history check our website during the month of March at:*  
**[www.nj.gov/military/veterans/women](http://www.nj.gov/military/veterans/women)**